



Sweet Potato Pancakes

Ingredients

- 4-6 cups leftover sweet potatoes, mashed
- 4 oz. canned pineapple, crushed
- 3 tbsp. melted butter
- 1 tsp. brown sugar
- 1/2 cup breadcrumbs
- 4 tbsp. olive oil
- 1 egg

Serves: 4-6

Prep Time: 20-25 min

Cook Time: 20 min

Difficulty: 🍳🍳

Directions

1. Combine all ingredients, except olive oil.
2. Mix together in VacuWare® FreshContainer.™
Cover and PowerMarinate™ for 15 minutes.
3. Form 3"- 4" pancakes from your potatoes.
4. In a skillet, heat olive oil and fry until golden brown. Remove, cool and serve with your favorite sauce.

