

Red Bean and Rice Salad

Serves: 6
Prep Time: 30 min
Cook Time: 20 min
Difficulty: 🍳

Ingredients

- 1 cup cooked white rice, cooled
- 6 sun dried tomatoes, chopped
- 15 oz. can kidney beans, drained, rinsed
- 1 English cucumber, diced
- 1 green bell pepper, seeded, diced
- 1/4 cup celery, diced
- 1/4 cup green onions, chopped
- 4 tbsp. balsamic vinegar
- 2 tsp. extra virgin olive oil
- 1/4 tsp. crushed, dried thyme
- 1/8 tsp. cayenne pepper
- 2 tsp. garlic salt



Directions

1. In your VacuWare FreshContainer,[™] combine rice, tomatoes, kidney beans, cucumber, bell pepper, celery and green onions.
2. Combine remaining ingredients and pour over rice mixture. Toss to coat.
3. Salt and pepper to taste. Serve cold or at room temperature.